How to fill out your AC handicap card

Starting handicap in this example is 16

Your opponent's handicap

Result.e.g. 26-9 for win to you or 9-26 for loss to you

Your new index

Name of competition or tournament

H for handicap
L for level play

Change to your index

	OPPONENT			GAME		INDEX	
Date	Name	H'cap	H/L	Result	+/-	New
					b/forward	1076
	South West Fed Lge v South Bay					
5/7/24	Brian Jones	12	H	26-9	+10	1086
5/7/24	John Shuttleworth	8	H	15-23	-10	1076
	CqE Longman Cup v Reading					
10/7/24	Mary Smith	3.5	H	26-24	+10	1086
10/7/24	Robert Armstrong	0	H	20-8	+10	1096
	West Dorset Smith Cup					
17/7/24	David Lyons	12	L	26-12	+12	1108
	CHANGED TO 14 Mike Rice					
	West Dorset B Block					
31/7/24	Stephen Cutler	4	H	9-18	-10	1098

Change of handicap clearly identified and signed off by appropriate handicapper

Handicap does not go back to 16 until you drop right back to 1050