

How to fill out your GC handicap card

Starting handicap in this example is a 7

Your opponent's handicap

Result.e.g.
7-6 for win to you or 6-7 for loss. In Advantage ring winning score in timed game.

E for extra strokes, A for advantage & L for level play

Your new index

Change to your index

Name of competition or tournament

Date	OPPONENT		COURSE		INDEX		
	Name	H'cap	H/L	Result	+/-	New	
	South West Hcap Lge v South Bay						1376
5/7/24	Brian Jones	12	E	7-6	+10	1386	
5/7/24	John Shuttleworth	8	E	5-7	-10	1376	
	CqE Inter-Club v Reading						
10/7/24	Robert Armstrong	0	A	7-2	+10	1386	
10/7/24	Mary Smith	10	A	6-6	+10	1396	
	West Dorset Harvey Cup						
17/7/24	David Lyons	14	L	7-6	+4	1400	
	CHANGED TO 6 Mike Rice						
	West Dorset B Block						
31/7/24	Stephen Cutler	4	A	3-2	-10	1390	

Change of handicap clearly identified and signed off by appropriate handicapper

Handicap does not go back to 7 until you drop right back to 1350